



The National Screening, Brief Intervention & Referral to Treatment Addiction Technology Transfer Center

SBIRT 101

This FREE self-paced online course is comprised of three webinars that have been cut into short sections to make viewing easier. Completing the full course will give the participant a thorough understanding of SBIRT and its components.

- ***Part 1 – Guide to SBIRT: An Introduction to Screening***

Introduces the use of valid, brief screening tools and determining recommended level of intervention based on level of risk. The administration of brief, validated screening tools can be integrated into routine practice to identify unhealthy alcohol use, tobacco use, and drug use, including prescription medication misuse (e.g., AUDIT-C/AUDIT, CAGE, CRAFFT, NIAAA single item screeners, DAST, ASSIST).

- ***Part 2 – Overview of Motivational Interviewing as used in Brief Intervention***

Motivational interviewing is a client-centered, evidence-based, goal-oriented method for enhancing motivation to change by exploring and resolving ambivalence with the individual. The use of Open-ended questions, Affirmations, Accurate Empathic Reflections, and Summarizing (OARS) helps to create a safe environment and a strong therapeutic relationship in which the person feels heard and understood enough to be willing to undertake the work of change.

- ***Part 3 – Referral to Treatment for Drug and Alcohol***

Referral to treatment can be a complex process involving coordination across different types of services and is recommended when patients meet the diagnostic criteria for substance dependence or other mental illnesses as defined by the DSM-IV. The absence of a proper treatment referral will prevent the patient from accessing appropriate and timely care that can impact other psychosocial and medical issues.

- ***Accessing the course***

To access the course, you will need to be logged in to myIRETA.

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To proceed, click the Enrollment button.

- ***SBIRT 101 - CEUs***

10 NAADAC, Social Work, or PA CADCEU certificate available for a \$10 fee

NEW: Now completion of individual sections are approved for 3 CEUs for those not wanting to complete the full course.

Questions? E-mail info@ireta.org